

HIIT Gym Business for Sale Mangawhai Heads



Brand-new HIIT gym, NZ's fastest growing town. 50 members and growing. Turnkey. Prime Wood Street location.

The Studio is a brand-new, premium HIIT gym on Wood Street, Mangawhai Heads — New Zealand's fastest growing town. Launched seven months ago, the gym has built a 50-member base growing at 5-10% per week. Currently under management, an owner/operator immediately steps into a six-figure income by replacing the GM. The facility also includes an in-gym retail shop selling high-end workout apparel and supplements. With a multi-year lease secured, premium equipment throughout, and the potential to convert to a 24-hour unmanned gym model with minimal changes, this is a rare turnkey opportunity in a booming coastal market. Serious offers around \$150,000. Financial details and NDA available upon request.

Business Resources

Brand-new premium HIIT equipment and full gym fit-out. In-gym retail shop (apparel and supplements). Multi-year lease secured and easily transferable. Established brand, website ([thestudiogym.co.nz](https://www.thestudiogym.co.nz)), and social media presence. Full class infrastructure and operational systems in place. Staffed and trading under management — new owner can trade from day one. Option to retain existing branding or rebrand entirely. Potential to double classes and operational days as an owner/operator.

Website

<https://www.thestudiogym.co.nz>

Location: **Northland**

Asking: **\$150,000**
Negotiable

Type: **Health/Beauty**

Contact:

Owner
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Anytime

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